

November 25, 2018 Clarity Radio Broadcast “Sugar; GMO; Enzymes”

(Intro: “Live is Life” by Opus)

And I’m back again. My name is Bryan. Welcome everyone. It is, as you know... It’s November 25th, year 2018. You are listening to Clarity Radio.

And for folks around the world that you don’t know who we are: we are broadcasting from Toronto, Canada. And this is the home of the 1967 Stanley Cup champions, the Toronto Maple Leafs. Congratulations. I think (laughs)... You know, the sugar... Sugar may have something to do why we haven’t won (laughs) a Stanley Cup. But I’m hoping that we’re going to win one.

Anyways, here we go. We have several topics.

Segment 1 is... You know, is “White Sugar.” Nasty, nasty, nasty.

Segment 2: “Testosterone, Estrogen and Progesterone.” We’re going to go into that.

And Segment 3: “Healthy, Why Take the Enzymes?” The ones that we have developed... And I’m telling you, it’s helping a lot of people. We’re getting a lot of communication from people that are using this.

Now, I forgive... Right now, I forgive the Canada, Canadian postal workers. I forgive the government. I forgive everybody who has played some role to allow this strike to continue. And I hope that it’s going to be okay.

Those of you who have ordered the enzymes: they’re going to come. Now, if you don’t get it by Friday, we will just send it to you by courier. Okay? And we will simply absorb the actual cost.

So again, I do forgive everybody.

Now, as far as Segment 4: “Nine Essential Digestive Stem Cells,” we’re going to talk about it.

So, this program is really, really heavy duty today. I mean, heavy duty. It’s got a lot of substance, like always. But it’s... Don’t panic. You know, when we get into the science, you listen to it the second time, you listen to it the third time: it’s going to make sense. Okay? It’s going to make sense. And so, basically, you can look at this exchange of information as though you’re with me and we’re doing research together. And so, you are listening to what we have discovered, only to be proven, one day, by some team somewhere in the world that will say, “Yes, what he has spoken two years

ago is correct.” Or maybe one month ago. So, don’t panic. Whatever you do: don’t panic.

(Segment 1: White Sugar Diseases)

So, let’s get into it. Number one... Why the white sugar? Why are we talking about white sugar? Well, it’s really bad. I mean, it’s really bad. The statement, how the children are dying, or likely die, before their parents: it’s because... one of the things is... besides war... is white sugar. White sugar. And white sugar is not DNA compatible with anyone, on any level. It’s not DNA compatible. And this can be proven through science. This is a very easy test I can actually develop. It’s not a big deal. But when you take white sugar plus GMO food, and you combine those two factors... remove war... just those two factors, those two influences will cause the young to die before the parents. Because the parents... well, they’re still in their old ways. They’re still basically cooking at home, they’re not overeating. For the most part, they’re taking it easy. And they’ve learned how to eat correctly, for the most part. But the young... well, they’re not educated correctly in the school system. The school system has failed in a miserable way to teach kids how to eat correctly. And after you hear this program, you will agree with me.

So, as we move to point number two... To minimize the risk of dying before one’s parents, a couple things, besides removing stress out of your life and making good choices... You don’t get into accidents and all this stuff.

- You know, every morning, first thing you do is drink water. Kickstart your system. Kickstart the copper being manufactured in your brainstem. The vitamin A that is produced in the pituitary gland. And the amylase that’s released through your pancreas. Kickstart your system.
- And you need to learn how to eat correctly. Combine the foods correctly.
- And you need to know and understand the hazards of white sugar and GMO food. And you need to embrace this, and teach others, and avoid it.
- Of course, do not support any war program, directly or indirectly. So, there’s a reason why I’m speaking of war. We have to be more sensible, who we elect in office, around the world. Do not support war. Because the same individuals that support war, support GMO and white sugar.

So, as we go onto point number three... A reminder, again, why you drink the water. Do you remember? It’s to... Yeah, the copper. Right? The brainstem. But what the copper does, when it gets manufactured: it allows the electromagnetic field to basically communicate around your body, to go through your body, and help your cells communicate with one another. Certain stem cells. Certain cells. This is so important.

And with vitamin A, of course, it's going to secrete different activities, hormones, whatever. But the truth is, if you don't have this vitamin A in the pituitary gland release on a continual basis, you're going run into, among other problems, short term memory problems. So, you need... you need to drink that water in the morning and throughout the day.

And the pancreas releases the amylase that acts as a cleanser in the morning. This is why it's so important. Every medical doctor should be telling their patients to do this. But of course, they're going to have to wait until science proves that what I'm saying is correct. And they will prove, one day, that this is correct. But you don't wait for that date to occur. Start doing it now. And you can thank me later.

The fourth point... So, what happens when you eat a high white sugar diet? Well, it can trigger up to eleven different disease states. And I was completely blown away with this. My access to the information, as I discern science, has increased 100 times fold. It's unbelievable.

So, what happens? The sugar: it stops, on a yocto level, the copper in your brainstem. It stops your vitamin A from being manufactured in your pituitary gland. It stops the amylase in your pancreas. So, if you're having something that has white sugar in it, that's full of white sugar: you could be shut down up to one hour. Your pancreas is not releasing amylase. And this is not good. And this is a lot of stress that is put on the pancreas, the spleen, the liver, different organs, that play a role in your total digestive process.

And so, I asked, "What are the eleven potential disease states that can trigger as a result of having a high consumption of white sugar?" And when I say, high: there's a lot of people that eat a lot of sugar every day. People don't realize what they eat that actually contains white sugar. You don't realize it.

Diabetes. It could cause... The woman's pregnant: it could cause mental retardation, development learning issues. Stuttering. Outside that, blindness. It could trigger aneurysms. It could trigger cancer, environmental. Heart disease. Muscle wasting disease. Chronic amnesia. Alzheimer's. And general vascular disease. These are the eleven key disease states that white sugar has caused others and will continue to cause others. But both white sugar and GMO together: they can trigger... yes, trigger these eleven similar disease states. It's amazing.

So, my job is to, through the process, through programs upcoming, to explain exactly how this happens on a scientific level, which I will be doing. I'm going to be very busy. Very, very busy. But you can see, this is what white sugar can do. And this is what GMO can do. I haven't given you the worst part yet. It's coming.

So, as we go to point number five... So, what sugars are safe and it does not shut down the copper, the vitamin A, and the amylase, and anything else? Now, strange

enough, but I'm not going to go with this: organic brown sugar. Mixing the sugar with the molasses, there is a... some sort of chemical stability that takes place. But I'm not going to make that my first option.

Instead, I'll make honey and maple syrup my first option. That's what I would do. Because I tell you, I've discerned in the last 50 years... I can go a hundred years. I can go... It doesn't matter. But honey and maple syrup has not triggered any chronic disease in any human being. It hasn't.

And it's got to be in its pure form. You want the real honey. You don't want this watered down, refined honey. You don't want that. And you don't know what they do, if they add white sugar to it. Fillers. You don't know. You want to make sure you got the real honey. It's even better for you to go to the producer, the small farmer who sells it. Then, you know what you're getting, unless it's an incredible honey brand name that you've checked out yourself and that you can trust. Because you got to check it out. Because you don't want the white sugar in your system. The white sugar is addictive; the honey and the maple syrup is not.

And even, you know, when you take a look at GMO: GMO is addictive too. I'm going to explain that, as we move on. Like I said, the worst is still to come. Wow.

It's really sad. I... You know, I wish... I wish that my parents, when I was twelve, sixteen. I wish they sat me down and said, "Hey, let me tell you about white sugar." I wish... I wish they had the knowledge. But you're getting the knowledge. But you can't just keep that knowledge to yourself. You need to sit down. You need to tell people about this truth, people that you meet in person.

So, the sixth point... Coming off white sugar, GMO addiction. So, what happens? What really happens? So, you've got stress. I mean, it's hard. When you start, and you go on a cold turkey diet, and you cut everything out, the sugars: it's hard. You get headaches, pain, discomfort, uncontrolled cravings still. I mean, you could have low energy. You feel sick. So, what you do is... What do most people do? You drink coffee. You go for the coffee because you're thinking, "Ah, I'm having a coffee withdrawal. The coffee is giving me the headache." Not the case. It's the sugar. It's the sugar that's doing it to you. The coffee basically helps to stabilize, cleanse, remove the sugar out of your system. Got to make sure it's black coffee. That's what the coffee does.

So, we've been tricked to believe that coffee is causing this. Of course, you take the cup of coffee, whatever; you feel better. It's because the coffee is doing its job to protect you. But the sugar? It just... It just doesn't care. It's just something that has... If it was a human being, it would have dead emotion. It would be dead. It would be cold. And you're putting that into your body.

So, the seventh... To continue. So, what does the coffee trigger to reduce sugar withdrawal symptoms? Again, this is going to be proven in science, one day. So, when you drink the coffee, in the pituitary gland, nickel is released. And the nickel helps to release growth hormone to regulate growth, your metabolic system... Yes, thank you. And he says, your body composition. It's doing something for you... something great, as you're having these headaches from the sugar. I mean, it's incredible.

Then, the spleen, when you drink coffee: it triggers the production of vitamin F, essential fatty acid, omega-6, known as linoleic acid. It's... I mean, who would think the body can manufacture this? And it's very important for your whole... for the whole entire metabolic process. It's balance. It's very important. And so, the coffee is doing this. I mean, it's amazing.

Then, as we speak about the pancreas: the coffee triggers the pancreas to release amylase, an enzyme. But that actually triggers the vitamin F. And then, the vitamin F actually triggers the nickel to be released by the pituitary gland, which is acting... Basically, what's happening is, it's acting as a stress relief for other organs. It's acting to stabilize other chemical reactions in the body, and it's helping to shut down the harmful impact of the sugar.

Black coffee. You know, people drink coffee all day long. They have no idea why they drink the coffee. They have no idea. But the coffee in our diet, for us, is very important. It's a daily way to cleanse yourself. Can you imagine that if you just stop eating white sugar, you don't have GMO and you do take the coffee? Now the coffee is really going to work even harder for you. You're going to have a greater benefit. Because it's going to do other things in the body, instead of chasing something else that shouldn't be there in the first place. It'll make your coffee very happy.

The eighth... So, the importance of keeping your pancreas stress-free. Well, you know that. You know, people in Japan: they live for a long time. And I discerned that people who live past 100... And you take... you take those individuals and I discerned their pancreas. Through most of their life, they made sure that their pancreas did not go through a lot of stress. They were not big white sugar eaters. And anyone that knows about Japan: they are completely... they want nothing to do with GMO. And they're living longer. They're living healthier. And I asked, "What is... Again, what is the core reason why they live longer, these individuals?" They avoid white sugar.

But coconut sugar is okay. I discerned, in the last 50 years, coconut sugar did not make anyone have a chronic disease.

But they're living much longer. And so, even as we in North America... we learn this truth: we do nothing with the information. So, what we do: we just... all of us, we refuse to educate one another. We refuse to learn a deeper core level in science. We refuse to investigate any science that can make it a lot easier for most people, particularly if it doesn't make any money for... If science cannot generate income for

the economy, they're not going there. And that's why we have the sugar problem: because no one's spending enough dollars to find out the truth about sugar, to ask someone like me, "Bryan, can you develop this test to show that this is the core relationship between this disease and sugar?" No one's asking me. No one's asking me. And they likely will not. Because I'm not one of the individuals where you just pay millions, and millions, and millions to me, and ten years later, "Ah, you know, we work so hard. We're getting so close to the answer." Then, fifteen years later, I've spent maybe 30 million and I get a Nobel Prize for identifying a certain gene that's connected to that disease. But I didn't come up with any sort of explanation how to avoid that disease or even a treatment for it. But I got the Nobel Prize. It's sad. Because that's where science really is. It doesn't want to go into the deep end. Because somebody's going to get mad. Somebody's going to lose income. But as we sit back, people die.

So, the ninth point... Diet, wisdom required to keep the pancreas stress free? Avoid GMO. Particularly the GMO potatoes. These ones will shut down the amylase in the pancreas. Avoid Coke. It's got at least eight teaspoons of sugar. It will shut down the amylase, up to 30 minutes to an hour. It will mess up your total digestive system. Now, if you take it every day, every day, every day, every day: eventually, you're going to get diabetes. It will shut down the amylase completely.

See, the amylase is active... is active to protect the pancreas. Because the pancreas does not want to release insulin. It's not good for the body to release insulin. When insulin is released, it means the body is in stress, which could have been avoided. So, what happens if your body produces too much, too much amylase, it just says, "You know what? You're not listening. You're not getting the message. I'm going to shut down." And now, your body is just going to continue to produce the insulin, until you can't have insulin any more.

And Coke does it. There's been a lot of people who have gotten diabetes... And doctors know this, that have diabetic patients. They know that Coke drinkers, eventually, a lot of them, will end up with type 2 diabetes. But the world is not saying, "Hey, don't drink so much Coke." No one's really talking about it.

And so, I say to you: the love I have for all of you is great. For the world, it's great. And I'm not here to attack any industry. The white sugar industry could easily, could easily replace that and move coconut sugar, maple syrup, honey. And maybe there's other sugars out there I haven't discerned. The restaurants could start to use maple syrup, honey. Okay so, the price goes up a little bit. But you know what? We're going to be healthier. Because our government system is going to go broke down the road if, on a collective conscious basis, we do not make an effort to give everyone in this country, in North America, around the world, a choice and the truth about white sugar. And the governments around the world should support studies to show that what I'm saying is correct.

So, we're going to go to break right now. And when we come back to Segment 2, we're going to be talking about, "Testosterone, Estrogen and Progesterone."

My name is Bryan. And you are listening to Clarity Radio. Thank you.

("In My Place [Live]" by Coldplay)

(Segment 2: Testosterone, Estrogen, Progesterone)

There you go. Make sure you eat your chocolate. (laughs) You want to make sure there's no white sugar in the chocolate.

And when I was talking about Coke, I was actually, I should have mentioned all pops. Everybody. All the soda pops that have all the sugar. Avoid the pops that have the white sugar.

And the sweeteners... I haven't really studied the sweeteners. But I would not even put that in my system. Because one day soon, I'm going to take a look at what happens when you have certain sweeteners when you take it, and what is the actual reaction... chemical reaction in the body, and what harm does it do over time. But that's coming down the road.

So, Segment 2. Here we are. My name is Bryan. November the 25th, 2018. Clarity Radio. And we're talking about hormones: testosterone, estrogen and progesterone, as it relates to our digestion.

But there's one thing that I did learn. It's very interesting with testosterone, when it's really, really low. When someone has... Particularly men. We're talking men. When they have really, really low levels of testosterone, chronic low levels: they are more prone to commit murder. And then, when a woman has a certain type of estrogen, high levels, chronic high levels of estrogen: they are more likely to commit murder. It's very, very interesting. It's... So, what I'm... My point is that we're talking about the digestive system. But these hormones cover so many other different areas. And so, what I'm saying about the digestive situation may... is not... doesn't... It's not true, right across the board, when we consider every human possibility. Okay? So, here we go.

So, we're talking about maltase-glucoamylase enzyme. Why... I don't know why they can't come up with shorter names. I just... I don't know. But anyways, I'm going to roll with this. And so, we're talking about our metabolic system. Okay? So, this is a enzyme that's released in your small intestine, which helps to break down starches. A very simple, brief description of what it does. Okay?

So, starches we speak of is found in common carbohydrates. So, the carbohydrates... We're speaking of potatoes, wheat, rice, cassava, corn, etc. So, it's very interesting

how this enzyme plays a very critical role. So, if the small intestine cannot manufacture this enzyme, it is likely to lead to environmental colon cancer. Wow. Of course, there's different other chemical processes that take place. There's different exterior, internal energies that work hand-in-hand. So, this is just like the worst of the worst scenario. So, what you want to do is, you want to make sure that that enzyme is being manufactured. So, let's continue.

So, as we go to point number two... What impact on the three hormones, if any, does this maltase-glucoamylase have if it's not produced? What impact? So, now we're going to get into the technical parts. But just bear with me. We're going to move very quickly. Okay? So, mostly, there's an impact in reference to what we call is, estrone. And it's an estrogen. And it's to be the very bad estrogen, connected to cancer. All estrogens... There's four of them. All estrogens are bad if they're out of whack. Can't just say, "a bad." But the books say this estrone is a bad one. They may be right. Maybe in most cancer cases, they see that this one is present. But it's not so simple. It really isn't that simple. Because they believe... There's another one that's called estradiol, which is a good estrogen. And they believe it may protect against cancer. But that's what they believe.

But there's so many different influences, factors as it relates to cancer, that they refuse to look into, accept because we don't have the technology to confirm those different energies that play a role. It's not their fault. It's just that we don't... We haven't reached that level to confirm these different energies. But to the point, for the most part, they're right. And it's not easy for them to listen to me, when they're not gifted and I'm gifted. Because they rely on scientific proof. And if it's not there, they say, "Let's forget about it." But there's always somebody that says, "Ha, ha. I'm going to work on this and I'm going to see if this is true or not." Or maybe they're already working on it, and I've given someone an idea on what to do to confirm what I'm saying is true. Then they find out that it's true. So, whatever the case is, I'm here to help. I'm not here to put down anyone in the medical community or scientific community.

So, they believe elevated estrogen levels are a risk factor for breast, ovarian cancers, plus high risk for blood clots, stroke, increased risk of thyroid dysfunction, causing symptoms of fatigue and weight changes. I mean, I can go on. They believe in many different things. It's based on their observation, of course, on some type of test, a blood test, whatever. They see with certain patients, there's a consistent pattern. In science, that's what they look at. They look at something that's consistent, that they can observe on a consistent basis. And they're going to get there. Because I'm going to help them really get there by helping them develop technology that will prove beyond what they would ever imagine is the true cause of cancer.

So, the third... Let's talk about the bad estrogen, estrone, as it relates to this enzyme, glucoamylase. So, what eating behaviour permanently, potentially, shuts down this enzyme in the small intestine? And here we go now. Now, we're going to get into it.

Eating GMO foods that contain starches, sugars. Again, we're talking about the foods, the GMO potatoes, the wheat, the rice, cassava, corn. And there's much more.

And so, when we take a look at organic, the same vegetables: they're not able to permanently shut down this enzyme in the small intestine. They're not able to. And so, I asked, "Is there anything else to shut down this enzyme?" And the answer came back yes. I asked, "Is it white sugar?" Yes. So, GMO and white sugar can shut down this enzyme in the small intestine.

So, going onto the fourth point... I looked into the discernment of cancer gamma rays. In the past broadcasts, we've learned that humans can pass cancer gamma rays from one human to another. It's energy. But what I've learned is that the GMO food sugar molecules found in GMO potatoes, rice, corn, etc. have a high risk of having yocto gamma rays, that can trigger cancer over time. So, I'm going, "Oh my gosh." Within the sugar molecule of the plant, GMO has gamma rays, whereas organic does not.

And when we look at cancer, there are three cancer groups/markers that we can look at. There's genetic markers. There's environmental markers. And there's casual sexual encounter markers that are expressed in the body, in reference to cancer. It's just that we have not identified all of them. But one day, I hope we are going to. I know I've done the ones for environmental and I've done the ones for genetic. I've done that. I've been able to develop a test for that. What I haven't done is the one for sexual encounter microbes, cancer microbes, markers released causing cancer. I haven't done that one.

And so, when we go to point number five... I asked, "How, potentially, does the gamma ray from GMO... we're talking about the sugar molecule... start a cancer cell?" And now, we're talking about the colon or anywhere in the body. So, how does it work? And so, I mean, this is very tough. This is very tough, this truth here. It's hard for someone to accept this. Because you may have to listen to it again and again, so you really can understand this. But let's look at us.

If our colon is healthy, for the most part, the GMO cancer gamma ray is not going to stick in the colon, in the colon wall. Okay? It's not going to do it. And this is based on infrequent consumption of GMO. But if we have frequent consumption of GMO, particularly let's say, the corn that people eat weekly in the summer time: that can cause problems for you. And so, we're talking, again, about the starch foods, the sugars. Now, if you have frequent consumption of GMO food, it may lead to ulcers, pockets in the colon, which eventually, the gamma rays attaches itself to... to a cell. And that can activate cancer.

But it's kind of funny. There's... And I don't understand the process. But the actual cancer cell comes from the bone marrow. There's a process I don't understand, which I need to discern further. But the fact is that the GMO, the sugar molecule with a gamma ray attached to it can cause cancer.

Now, there is a separate cancer yocto enzyme that ends up in the urine, to confirm that one has GMO cancer. So, if someone gets cancer strictly... I'm not talking about 500 other types of cancer. I'm talking about if somebody gets a cancer strictly from GMO: it will be able to be tested. Okay? This is where we're going in the future. And so, I know that this will... this test will be developed. One day, it will be proven. And governments worldwide will know what they got to do. Hopefully by that time, we're still here. (laughs) We will be here. We're not going anywhere.

So, point number six... What about this bad estrogen, estrone, as it relates to cancer? Okay? So again, the estrone estrogen is not connected to genetic cancer. Although some doctors believe that this is the case, it's not. It's only connected to environmental cancers. And it's mostly connected to sexual intercourse, exchanging body fluids. So, this maltase-glucoamylase, it triggers the bad estrone. And it causes the estrogen to be elevated. There's a process. But when elevated, it triggers other chemical reactions. But we're going to go into that another time. We don't have enough time today. But what's really amazing is that there is so much to know about estrogen. Even though we know a lot, there is so much more that we can all learn.

So, point number seven... So, let's talk about the three different core cancer groups, gamma rays. It's absolutely... I just love this. I absolutely love this. I love the science, when I talk about the science. So, the genetic cancer... okay... is mostly passed from grandparents to the grandchildren, by way of gamma rays. And if someone has a gamma ray in their spine... That's where they usually hang out. It's two things: means that they're going to get cancer or they're going to pass that gamma ray to someone else.

And I have the gift to know if someone has the gamma ray. And I can tell you, there's days where I look at someone, and I go, "Oh my God, they have a gamma ray. They're going to get cancer." Then, I can check to see if they're going to live or die from it. And if they die, I feel sad, because I'm not allowed to say anything to them. It's part of the karmic cycle. Because we're in the matrix. And I get frustrated. Because I want to help everybody. But when I can't help someone and I know they're going to die of cancer, and they haven't even been diagnosed, I walk away sad. It's like one of the worst feelings, besides losing a loved one. It's very... It's a bad feeling.

But the genetic gamma ray, eventually triggers... for example, in the grandchild... the activation of a cancer gene, which starts in the bone marrow. Go to my website; take a look at gamma rays. You can... There's a article I wrote about the physics of gamma rays. <https://www.clarityradio.com/blog/positive-charge-test-screening-test-any-type-cancer> You can read that. So, to remove the cancer, you must remove the gamma ray. But not all gamma rays can be easily removed because it's part of a karmic cycle. This is what I'm talking about. It's very, very difficult.

There's so much that happens, that exist in the non-physical that we can't see, that has total control over you and your future. There's a spiritual council that I report to. There is rules, regulations I must adhere to. I'm not a psychic. I don't have this medium... I'm working with a very real situation. It's a very no-nonsense situation. And people who are close to me, they know that this is a very no-nonsense situation. It's not me having a whole bunch of people coming over for tea and having a psychic night. No, no, no, no. You don't want to go there with me. That's not who I am. That's not what I'm about. I'm here to bring technology, truth to the world and take the consciousness of man to a higher level.

So, the eighth point... Let's talk about environmental cancer. So, all environmental cancer promoters, triggers all have a gamma ray. Now, here we go. The shoe is about to drop. Gamma ray means radioactive. The shoe is now about to drop. Meaning, all GMO food that we consume is radioactive, on a yocto level, 10^{-24} , in that sugar molecule. Here's the problem: can't validate that right now, as far as the gamma ray on a yocto. But there are certain tests that you can develop to show that the person did get cancer from GMO, as I've mentioned before. It's just that the science on yocto is not even there. I know I'm going to be the grandfather of yocto technology. I'm about the only one that's talking about, on such a fluent level, about yocto technology. Because I have the gift to actually discern the truth about yocto technology. So, when you speak of gamma ray, you speak of something that is radioactive.

People know that radiation causes cancer. You go to the hospital and you get your x-rays done. You go into the room. You see the technician runs out, dashes out behind that fricking wall. And while you're getting zapped, and you're saying, "What the heck is going on?" It's dangerous. Then, if you've got a parent going in with a child, and the child is strapped onto the wall with a chest pad. And maybe the mother's not protected but she's holding the baby while the baby's getting x-rayed... We're talking radiation. Radiation from the Sun. We know we can get cancer from the radiation from the Sun. We know gamma rays cause cancer.

So, the gamma rays are in the GMO, on a yocto level, found in the sugar molecules. Wow. And I never knew this. And when you go into the restaurants, you don't know what you're eating on a continual basis, if you go into restaurants a lot. And you got to start asking... When you go to the grocery store, you got to start asking, making sure you're picking up something that is not GMO. You're picking up a package in the center aisles that is not GMO.

So, the ninth point... Sexual intercourse body fluids. So, here. Last 100 years I've discerned, in Canada... I'm sure it's similar with other countries around the world. Men are responsible for 15% of sexual body fluid cancers passed to women. It could be men too. But I'm just going to keep it with women for now. It's easier for me to do it this way. So, 15% of these body fluid cancers, the men are responsible for passing it onto the women. But the women... Here we go. The women are responsible for 85% passing on cancer microbes to men. This is the last 100 years. So, going further, men

are responsible for 2% of cancers for giving it to their spouse. And women are responsible for 5% giving it to their spouse. So, in other words, between a spouse, there's a lower risk of a spouse passing a cancer microbe to another. But there's a higher risk if you're having sexual relationships outside the marriage. And those microbes can... That's where they're usually passed on and the gamma rays are passed on. So, this is the history in the last 100 years. This is what I'm saying.

But to further explain: most people don't believe that you can get cancer from sexual intercourse. That's the teachings in the school. Now, we focus on the different viruses. The herpe family. We focus on gonorrhea. We... You know, syphilis. We focus on this. But people are not saying, particularly in the media, you can get sexual intercourse cancer by having sexual intercourse. That's the truth.

So, what we got to do is just basically embrace the truth. And like I said, you may have to listen to this segment three times. You may have to go back to the first one. This is tough information. But it's easy for you to change. It's easy for you to make better choices.

So, we're going to go to break. And we're going to go to the third segment, when we come back, "The Nine..." Or rather, "If You're Healthy, Why Take the Enzymes?" And my name is Bryan. You are listening to Clarity Radio. Thank you.

("Something Just Like This" by The Chainsmokers and Coldplay)

(Segment 3: If Healthy, Why Take Enzymes?)

Okay, and we're back. November 25th, year 2018. You're listening to Clarity Radio. My name is Bryan. And welcome.

So, we've done Segment 1. We've done Segment 2. We just flew by both those segments. Now, Segment 3. Here we go. Why the heck do you take these BioClair enzymes?

And you know what? Here's the truth. If you're gifted: I'm not here to sell these enzymes, for the sake of making money. I'm here to sell the enzymes to help people. Again, anyone who really knows me: I'm not driven... Money does not drive me. That's who I am. Helping people is what drives me. That's the bottom line. And so, my last breath that I have: I will be always helping someone. So... And I thank you for allowing me to have this opportunity to help you. I do thank you.

So, here we go. Segment 3. All foods, as we go to point one... All foods should be approached as medicine instead of nutrients. So now, what I'm going to do in this segment is, I'm going to take a nice, quiet pond, still... And I'm going to take a big boulder and throw it into the pond. And it's just going to upset everything. So, how

conventional medicine, science thinks is going to be upside down. I'm going to turn everything upside down. So here we go.

So, healthy food is a facilitator or a catalyst to trigger our bodies to trigger three master reactions. Okay? And in most cases, that's... It's the three. And if you've been listening in the last broadcast, you know what they are. It's the trigger of a mineral, a vitamin and an enzyme. And this happens throughout the whole body... in the brain, throughout the whole body. And so, based on these three core types of triggers, our body, in return, is able to start a chemical process, synthesis that allows the body to produce certain nutrients for the body to absorb. So, the nutrients in the food is not our benefit. We think it is. The foods basically trigger this reaction: the mineral, the vitamin, and the enzyme, and maybe something else, to allow the body to manufacture nutrients for our body to use. This is not really accepted. And because it's not accepted, we're at a stone wall. I mean, we can't go further to understand the true functionality of the human body because we have the incorrect understanding. For every reaction, there is an action. Right? Vice versa. So, we got to think differently.

So, number two... So, having said that, why take the enzymes? The bottom line, what I've learned with the enzymes: it has an incredible ability, gift to break down sugars. That's the key. If there is just one statement, that's what it does. And that's going to save people's lives. And that's going to take the pressure, the stress off various different organs.

I give you an example. I was at Starbucks the other day. And I had one of these fancy sugar coffees. I can't remember the name of what it was. I think it was a latte. Could have been. Very sweet. And so, I drank it. Then, it was like half-hour later, I checked my pancreas. And I go, "Oh my God, my pancreas is stressed out. It's stressed out. It's producing lots of amylase. It's really, really stressed out." Took my enzymes. Okay? I had a witness. And I took my enzymes, as I was doing all this. I took two. Within 20 minutes, the stress was gone. And that could be proven in a clinical trial. I just got to show them how to do it. That's the bottom line. But let me continue here.

So, why take it? Reducing the stress load on our pancreas re: the white sugar. I had the white sugar. I did it intentionally, because I don't eat a lot of white sugar. And the key chemical for the pancreas is the amylase, as we talk about digestion. And the amylase is there to reduce the chances, possibilities of your pancreas releasing insulin. You don't want your body to release insulin.

Again, people in Japan: they know this. The people who live past 100: they live a insulin-stress-free life. You just need to know that sugars are going to basically cut your life down 10%, 20%, half... 50%. Whatever. Go to the YouTube and take a look at the Japanese who have lived over 100 years old. You go to our website. We've got someone who's lived to 100 plus. I can assure you, she did not have a high sugar lifestyle, the one I speak of on our website. We got to get our act together. Because when we don't get our act together, we cost money for the government. Because you're

sick. We all need to make different choices, where that money is not there to look after people who could have avoided being sick. And it can go to maybe help those kids with autism, special needs children, special education, money towards research. I mean, correct research. I'm not talking about sending money to a research scientist who is afraid to end the project in three months. That's who I only want to work with. I want to work with someone who wants to end the research project in three months. That's it. If it's beyond three months, it's too long.

So, the third point... So, when eating starches. Okay? So, we're talking about, now, taking the load off the spleen. So, he's saying new info. So, when eating starches... okay... with protein, it causes the spleen to produce too much alpha-amylase. And this meat and potato diet is a very unhealthy diet. This is the main reason... this type of diet... for obesity. Talking about that heavy steak and potatoes, with the fat. Two inches of fat around the steak, around meat. Over time, two stem cells become compromised. This is not good. This not good. But yet, the big steak houses, they encourage this diet. It's not a good, healthy diet.

The fourth... When eating wheat. So, the enzymes can help. How does the enzymes help, going back? Sugar. Anything that's sugar-connected... helps to break down the sugar. The meat and potatoes, the starches, whatever. It takes the stress load. But you got to be careful. You know, the fat... that fat that's on the steak: it can cause some serious problems for your gall bladder and your heart down the road. It can. We'll talk about it later.

So, the fourth point... So, when eating wheat, helps to take the load off the gall bladder. Now, I need to... This is associated with amylase. And I need to look at this deeper because I don't really understand it completely. But let me share with you what I know. It's very simple. This amylase... well, what does it do? Very simple. Converts one sugar form into a different sugar form, amylose to maltose. And in order to do that, it needs an enzyme called z-enzyme to do this. And I got to study the heck out of this z-enzyme.

But here we go. GMO food, radioactive food, gamma ray is the only food that shuts down the z-enzyme. It's terrible. So, the z-enzyme shuts down 100%... If it is shut down 100%, it may lead to leaky gut, irritable bowel, obesity. Different conditions, depending on the frequency of food and the type of food that you eat. And if amylose can't be converted, it becomes a bad fat. So, this is where the enzymes will help. It must be able to help in some sort of process of converting the sugar forms. And I need to look at that.

You know, you're talking about doing a one-hour to a two-hour discernment... Or actually, in this case, a one-hour discernment on each segment, which really would reflect ten years of research. Because I'm working on a yocto level. And they just wouldn't know how to come up with the information. Again, it's not their fault. But

you're just getting the information early. But one day, we're going to have terrific yocto technology.

So, five... When taking alcohol. Yeah, people who've gone to the website, BioClair, you know a lot of people have drank alcohol and they've had this bad hangover. And they've got rid of it within a half-hour, 45 minutes. Again, it's sugar. So, if you ask, "Why do you take the enzymes?" It's there to get rid of, break down sugar for you. And there's so much... This is to basically break down the sugar, so your body is not overproducing certain enzymes that eventually just shuts down itself. That's why you're taking the enzymes.

So, drinking alcohol triggers the hormone, betatrophin, which is produced in the liver. So, when overproduced, it causes parts of the liver to malfunction. Folks, when any essential enzyme is overproduced in the body, it means trouble. That's what it means. So, if you're drinking excessive alcohol, it's going to trigger over... the overproduction of betatrophin. That's what it's going to do. Then, if it does that, through a combination of different events, the pancreas is going to start producing insulin. And you do not want that pancreas to produce insulin. You want the other enzymes to do the work. But if you're drinking too much alcohol, those enzymes that are supposed to be helping, they're going to say, "I'm not helping you any more. Okay insulin, you take over." And the insulin is upset. Because it's got to work. (laughs) It's very upset. And then, if you continue to behave and you don't listen: it slowly shuts down. Now, you are enrolled in the government program, creating huge costs for healthcare. And I don't know what the typical cost is from A to Z for a diabetic patient. It's got to be between 100,000 to \$1,000,000 over a life span. You multiply that by a million people. It's a lot of people. And that's just one disease. We got to start thinking differently.

The sixth... When eating red meat. We're speaking of fat in the red meat. Here we go. You should actually be eating the lean meat. Not fat. So, the body overproduces a heart enzyme called CD39. CD39 helps keep the arteries free of toxins from the beef, from the fat. And wow. Let me just check something. Hang on. I got to discern something...

Wow. Okay so, there is sugar found in the fat. So, the enzyme... Anything to do with sugar: the enzyme's going to help. So, the overproduction of CD39... We're talking about the BioClair enzymes. It's going to help. I know because it's going to help do something with that sugar and the fat. So, overproduction of the CD39: the heart eventually stops producing the CD39, only to invite a buildup of plaque.

See folks, you should not eat animal fat. You got to stay away from animal fat. Don't eat the fat. If you've got to eat something: lean meat. Just amazing. Just what we're learning today: it's just really, really wonderful.

The seventh... So, when eating pork fat. Wow. I don't eat pork. Because if I eat pork, my gums are going to bleed. My body will just refuse it and I'll get really sick. But the

pork fat is not DNA compatible for anyone. For anyone. We're talking bacon, the bacon fat. It's not DNA compatible for anyone. I guess, I've got to come up with a test for that.

And so, the situation is, what happens... We're now going to speak about interleukin beta 1, which is a cytokine protein. And we're basically talking about large groups of proteins, peptides, glycol-proteins, which I'm going to go, another time, go into detail with that, but related to something deep that we're going to be talking about. But I just go quickly. That are secreted by specific cells of the immune system. And a lot is not known about the interleukin beta 1. There is still much more for us to learn, for me to teach others.

So, the cytokines are a category of signalling molecules that mediate and regulate our immune system, inflammation and in connection to hematopoiesis. And I said, you know, this is... Why can't they come out with a... This is basically... You know, we're looking at the production... This is reference to the production of different types of cells. But how did they come up with this name? Right? "Hey, Hemato. That discovery, you and Professor Poiesis, both of you discovered: what name are you going to give it?" You know, so... I just don't know how they come up with these names. Of course, there is something intelligent about them. I'm just having fun here.

But the point is, when you're having this pork, the pork fat: it's going to mess something up. So, high levels of cytokine contributes to arthritis, disease of the artery, plaque buildup. That's what it does. And it's connected to the sugar within the fat.

You know, I would not recommend anybody have pork fat. I just would not. Again, when you've got someone that's got heart disease because of a high fat diet, that is a cost to the healthcare system, worldwide. If you're in the United States, you may just basically go broke and have to sell your house for your heart treatment or your gall bladder operation. We got to make different choices. That's what we got to do. But we just need to know the truth. Then, you embrace it, and you run with that truth, and you teach others. And you help to save the lives of others. And help to reduce government spending, worldwide, by staying healthy and keeping others healthy.

Okay so, the eighth... Drinking coffee with cows' milk. You know, I have a tough time with this. I really do. I've just started drinking coffee black. But it's a tough transition. I had it today. I usually have it with cows' milk. But I had black coffee today. And I tell you, drinking coffee with cows' milk causes the kidney to produce... Oh my gosh. How do you say this? Erythropoietin. Close enough. An enzyme response. And you don't want your kidneys to release this enzyme, which causes lower levels of oxygen at the tissue in the renal circulation. We're just talking about the arteries, the blood flow to the kidneys, when we speak of that. And this concept, this practice of cows' milk with coffee is not DNA compatible with anybody.

And overproduction of this enzyme: it will eventually trigger chronic high blood pressure. This enzyme is responding to the sugar in the cows' milk. So, our enzymes

will basically help take the stress off that enzyme being manufactured to help the kidneys. But I still recommend that you just have black coffee. Just have black coffee. That's what you need to do.

Okay, ninth point... So, when eating GMO foods... It's taking a load off the bone marrow... So, GMO potentially triggers the production, overproduction of what do we call... Adenosine. Adenosine. That's it. That's it. That's how you pronounce it. Adenosine.

And so, this... I'm being told I have to study the RNA, in reference to this. Yeah, I've got... So, the body, the bone marrow produces this adenosine. And what is this about? The increased production of adenosine from frequent consumption of GMO foods may lead to leukemia. Whoa. Yeah, I discerned that. That's true. And it's a chemical that's released from the bone marrow, from the red blood cells.

So, I don't understand how the enzymes is going to help with this one. I have to take a look at that. No, I do understand how it does. It's the sugar in the GMO. But the problem is... is the gamma ray in the sugar. So, I need to study this more. I'm going to study this more. Because I'm not comfortable with saying anything on the ninth point right now.

But what I do know is that, again, I'm staying away from GMO. You know, I am not going to go near it. My kids are not going to go near it. I'm going to educate my family. And they're going to stay away. And we're not tree-huggers. We're just folks that have common sense. We love each other. We love ourselves. And we want to stay healthy. And we're not brainwashed. And the science that we are developing, over time, is going to show that what we're saying is true.

So, the fourth segment we're going to be going to. And we're talking about, "The Nine Essential Digestive Stem Cells." I mean, this is... I love this. This is a very... Now, you got to listen to this fourth segment. Because you're going to learn a lot that can really help you with your diet.

So, my name is Bryan. And yes, it's Clarity Radio you are listening to. And we're going to be right back. Thank you.

("The Scientist" by Coldplay)

(Segment 4: Nine Essential Digestive Stem Cells)

And yes, I do love Coldplay. It's Segment 4. November the 25th, 2018. My name is Bryan. And welcome.

If you're just joining us: don't forget to go back and listen to 1, 2 and 3 segments. Otherwise, this one's not going to make any sense to you. Here we go. Welcome. Welcome.

And Christmas is almost here. It's amazing. And mothers, fathers: don't spoil your kids with all these gifts. Come on. They don't need to open up 30 presents under the tree. Come on. They don't need that. It's not necessary. The kids today, they have such a high, high entitlement. Of course, part of the problem is the parents. And we just... we just don't realize that. It's better to give the kids a good hug, love. Love them. Because unfortunately, there's a lot of parents that actually buy their kids with material possessions. I did a radio broadcast years ago, where I talk about how parents, different parents love. Some will love with emotion. And some will love with money. And it's not the fault of the parent. They are genetically wired, programmed to have that human experience. So, even as I say, "Don't do it," some of you are going to do it because you've got to do it. So, that's okay too. I get it. We're in the matrix. You know, that's the problem: you try to give advice to everybody, and it sounds correct. But someone has a different journey that they have to experience. And it's not the journey that you're thinking that they should experience. And that's why you have to be non-judgmental and just basically run with it. Because we do have a life script. Here we go. So... I'm glad I got that off my chest.

So, number one... So, what do I mean by digestive stem cells? Okay. Cells that play a specific role in chemical processes, synthesis involving digestion. Okay. So, I... Basically, that means nothing to you, other than that we're going back to the same thing again. Okay? These stem cells have an influence over the activation of a mineral, the vitamin, and the enzyme.

If you're just joining us, go back to 1 and listen to it... ah, Segment 2 and 3.

So, there are nine different stem cells that play these roles, in reference to digestion. There's nine key digestive stem cells. And they are located in certain organs. Okay?

- The first one is in the small intestine.
- The second: the colon.
- The third: the stomach.
- The fourth: the liver.
- The fifth: the gall bladder.
- The sixth: the spleen.
- The seventh is the brain. We're taking that as an organ.
- And the eighth: the bladder.
- And the ninth: the heart.

So, these are the key... key centres that help to regulate, mediate digestion. And these are the centres that you want to make sure that they're healthy. So, your diet has a lot to do with it. And plus managing stress has a lot to do with it. Also, taking certain

medications, antibiotics, etc., supplements. There's a number of different things that could support the stem cells or create problems for the stem cells.

So, as we go to point number two... We're going to start looking at these centres. As we look at the small intestine... Now, in the small intestine, you can have up to nine or even more different diseases that is triggered when this stem cell is compromised. And so, what the general science community believes that, they believe 90% of digestion takes place... well, basically in the small intestine and 10%... yes, 10%... yes, thank you... takes place in the stomach. That's what they believe, where they believe the role is to absorb nutrients and minerals.

Now, this is like that pond, throwing the big boulder. And I've just upset everything. Because we're not using those nutrients or minerals. We're not using it. We're not using it. And what we're using is coming in the future. And you're going to be a big surprise.

So, the real purpose is the break down of food. You know, when we take a look at the small intestine: the transport through different pathways, allowing chemical triggers, manufacturing nutrients for our own body to use.

And if the small intestine is really shut down, it could lead to cancer. But the common disease when the stem cell for the small intestine is shut down is Celiac disease, intolerance to wheat. And so, again, going back, correcting myself: when the stem cell in the small intestine is shut down, it can lead to cancer. In fact, a lot of these stem cells... You know, I was checking my stem cells the other day, and even today: none of my stem cells are compromised, as far as digestion. They're in good health. But two weeks ago, they were not in good health. And I was able to correct that. Because of the outside influences, that science doesn't accept or understand. But that's okay. They need proof. And one day, the proof will be there. And they're not doing anything wrong.

So, the point number three... The colon. The colon stem cell, again, when dysfunctional can trigger up to nine different disease states.

Now, this is what they believe. They believe the colon, as far as the colon, is part of the large intestine, the final part of digestion. Its function is to reabsorb fluids and process waste products from the body and prepare for its elimination. So here. Okay so, that's what they think. That's okay.

So, I've discerned it's to... The colon is to digest food and eliminate what the body will not use. Now, what it actually absorbs... and this the only really thing it absorbs... is coffee. So, coffee is absorbed through the colon. And the coffee triggers, you know, the nickel... whatever it is... the three. It triggers that response. And it cleanses the colon.

Now, if this stem cell is shut down, it can lead to cancer. So, whenever you get colon cancer, it's because the key digestive enzyme for the colon has been shut down. And I'm sure there's other stem cells that are also shut down. But we're not going to go there, at this moment.

The fourth... The stomach. Yeah, that's why coffee's so important. Drink coffee, but not with the cows' milk. The stomach. Number four.

So, they believe the stomach secretes acid and enzymes that help to digest food. That's okay. But listen, they know more about the stomach. There are hundreds and hundreds of pages written about the stomach. We're just making this very simple. They know all about these different organs. But we're making it very simple today.

What I've discerned: it is true what they believe about what the stomach does. But here. This is fascinating. The stomach also releases a truth chemical that gives you the gut feeling. It's like a second brain that, hey, that gut feeling... "It's right. Sounds right." That is released in the stomach. And this is really fascinating. But when the stomach stem cell is compromised, it can trigger up to nine different diseases.

Now, we're going to do, in the future... We're going to do like a separate segment on each of these different organs, and go into it at a deeper level. But we're going to cover it. And we got lots of time. We're not going anywhere. And I'm... hope that we're going stick with us and stay with this research project. Look at this as this is your research project. And we together... We learn together, we experience together, and we teach others together. This is your research project and my research project.

The fifth... The liver. Oh boy, this is a lot to do with protein intolerance. Now, when you've got the protein intolerance, this is very interesting. You've got neurological diseases. And the liver digestive stem cell is the main stem cell that triggers Parkinson's disease and MS. It's not in the brain. This was a surprise to me. It wasn't a surprise about the protein intolerance. I knew about that.

But here, this is what they believe. They believe, with the help of vitamin K, the liver produces proteins that are important in blood clotting. It is also one of the organs that break down old or damaged blood cells. They believe that the liver plays a central role in all metabolic processes in the body, in fat metabolism. They claim the liver cells break down fats and produce energy.

So, here. This is a basic discernment, where I've discerned that the core function of the liver is to help facilitate chemical processes, syntheses that help the body manufacture its own nutrients. That's what it does. That's baseline. That's where you start. It's like cooking, you're cooking a dish. You start with a baseline sauce. Then, you can add to the sauce and make it much better. (laughs) And make it worse. I've had some bad sauce lately. But what the heck? That's the experience I was supposed to go through. It's nothing like having a bad sauce that's full of salt, high levels of salt.

But here. The stem cells can trigger up to, again, nine different disease states. They seem to have something in common, these digestive stem cells. And they're not the same disease. They're actually nine different diseases, per each stem cell, which is... to me, which is fascinating how that can work. Like who created the math for this? Of course, you know who did. It's amazing. Incredible.

So, the sixth... We talk about the gall bladder. And we're talking about a fat intolerance. You know, there's connection between the gall bladder and the heart as it relates to fat, and fat in the arteries, fat throughout the body, clots, strokes. There's a relationship there.

But here, this is what they believe. They believe the gall bladder is mainly a storage organ that helps to make bile move... well, and to become more concentrated to increase its effect on fat cells.

Okay, what did I discern? Just baseline... It helps in developing, supporting the chemical processes, synthesis, reactions necessary for the body to manufacture usable nutrients. Okay? That's what it does. Usable nutrients. So, I have to go deeper in my next discernment and find out what is a usable nutrient? What is the true definition?

But this, the gall bladder... For someone to have this removed, is not a good idea. The gall bladder plays a very, very important role. And there's a lot of people who have basically reversed their gall bladder, heart disease condition by going on a fat free diet. But this is very difficult to go on. But a lot of people have done it. And their arteries have been cleared. Their gall bladder has been cleared. Now, when you're talking about stones in the gall bladder... well, that's a different... that's another segment altogether.

As we move onto number seven... The spleen. We're talking about alcohol intolerance, which can lead to liver failure. So, the spleen plays a very important role in keeping the liver from failing. Wow.

Okay so, they believe the spleen plays multiple support roles. It acts as a filter for blood as part of the immune system. Old red blood cells are recycled in the spleen. And the platelets and the white blood cells are stored there.

That really doesn't tell you much, other than, again, the spleen helps to trigger chemical processes, synthesis for nutrients, for the body to use nutrients. This is where I'm going with this. We're thinking that we eat something; we get the nutrients from what we eat. No. That, whatever you eat, needs those nutrients to stay healthy, to stay fresh. That's why they have the nutrients. Then, they come into our system through the chemicals that we receive from that fruit, the plant, whatever. It triggers a reaction in our body that causes our own body to create the nutrients that we need. This is what I'm trying to focus on. This is the exercise.

And again, the stem cell, if this is compromised, it can create up to nine different disease states. So, it's... But at the end of the day, it comes right back to drinking water, a stress-free life, getting enough rest, combining your foods correctly, and not to overeat.

When you overeat, the stress that you put on your pancreas, potentially, is profound. And the stress that you put on the spleen is profound. That's why we have to eat less. But it's tough because other people have other influences that trigger them to overeat. It could be a gene relationship. It could be they were born with a stem cell that was already malfunctioned. There is so many, so many different possibilities. It is not necessarily the same rule for everybody.

The brain. This is now the brain, that we're on point number eight. We're talking about the pituitary gland, vitamin A. This is where the sugar intolerance is. And this is where the diabetes... The pituitary gland plays a very important role in triggering diabetes in the body.

So, let me just tell you what they believe. And I'm not mocking them when I say, "They believe." This is what they believe, based on current science. There's nothing wrong with it. It's just that's what they believe. But I live on one rule, when I do research: once you think you've got it right, you got it wrong. That's why, when I do these broadcasts, I keep going. I keep going deeper, and deeper, and deeper, and deeper... until I never get it right. (laughs) Infinity research! Anyways... (laughs) No, I'm not insane; you're insane! (laughs) Who's on first? (laughs) Okay, let's get serious, Bryan.

Okay. So, they believe brain is the most important organ... No kidding. (laughs) What would I do without my brain? Duh... (laughs) Okay. (laughs) Oh... Oh God. Sorry, that is... That is funny. Sorry. I got to calm down here. (laughs) I got everyone laughing here. Okay, here we go. So, it controls and co-ordinates actions and reactions, allows us to think and feel. No joke, Bryan. And enables us to have memories and feelings, all things that make us human or humorous. (laughs) So, that's what they think about the brain. And that's okay.

So, this is what I've discerned, in reference to the brain re: digestion. The brain is the master controller, regulator for all digestion activities. All. Starts... It's in the brain. And re: digestion, stem cell can bring up to nine different disease states connected to the brain. Of course, one of them is diabetes. And the main intolerance here is sugar. You know, so this is why... We're talking about the white sugar. And then, we can also talk about the GMO, the sugar in the GMO, gamma rays that is radioactive. So, it's... You know, you got to protect yourself. You protect yourself, then you're blessed more.

So, nine... The bladder. Has a lot to do with intolerance of fat, leaky gut, irritable bowel. I'm sure there's more. But that's a stem cell. So, when someone has this

condition, they have a compromised stem cell. And that's why it's a chronic disease because the stem cell has been compromised. It's tough.

So, they believe... This is what they believe. They believe the bladder stores urine, allowing urination to be infrequent and controlled. Behind that statement, there's probably 900 documents of what they believe the bladder does. But that's what they believe on the baseline.

So, what did I discern... digestion, in reference to the bladder? Helps to develop certain nutrients that the body will use. See, they don't know about that one. They just think it's all about urination. No, the bladder does something else. And we're going to go deeper. And we're going to come back to you and let you know what that is. But again, the stem cell can trigger up to nine different disease states connected to the bladder. It's amazing. Like, I mean, it's... Who would know this? If I wasn't gifted, I would not know any of this. I wouldn't. I'd have no clue.

The last one... It's 3:59 New York time. So, we're doing really well here.

So, the last one is the heart, in reference to fat. So, this is what they believe. They believe the blood, in reference to the heart... Blood provides your body with oxygen and nutrients. It needs... whatever it needs. Then, it also says it also carries away waste. Then, they say your heart is sort of like a pump or even two pumps. That's not true. That statement is a untrue statement. And I'm going to give that... It's probably going to be a one-hour, two-hour program just on explaining that. But that's not true. And so, they say, the right side of your heart receives blood from the body and pumps it to the lungs. And it doesn't do that. The heart doesn't pump. So, I'm going to come back to you and explain what the heart actually does. It's not their fault. Because if you look at the heart, the fricking heart looks like it's pumping. I get it. And when you take a look at blood pressure... "Ah, there's pressure." It's because of the heart pumping. I get it. Or, "It's due to the kidney doing something." I get it. But the heart doesn't pump.

So, I've discerned just briefly, the heart plays an important role in digestion, releasing certain enzymes into the blood. So, this is... We're going to talk about that another time because we don't have time. But when the stem cell for the heart is compromised, again... well, this one it can... up to three different disease states. Now, I'm being told three. Now, it could be nine. Sometimes, I'm told just to go with three. But it may be nine. But at this... Today, I'm told three, to let you know about three different disease states.

But in reference to fat: the main disease in reference to fat is a stroke. So, if you're prone to a stroke, you really want to reduce your intake of fat in your body. You really want to do that. And you really want to visit your doctor on a regular basis. And if you have to test for your fat index, whatever you got to do: go and get it tested. But you need to look after that. Particularly if you've got a history of strokes in your family: you got to really pay attention, close attention to your food diet.

Okay, let me see. It's 4:02. And let me see if there's anything else. Let me discern if there's anything else. Hang on...

Okay, we're done. So, our next broadcast is December the 9th, on a tentative basis. If we change that, we'll let you know. But tentatively, it's December the 9th. And in the meantime, I'd like to thank all of you who are continuing to support us.

Again, if... Those who have ordered enzymes: if you don't receive it by Friday this week, we will send it to you by courier. So, please forgive me and also, forgive the postal... Canadian services. Forgive them. You don't want to have any anger. Just let it go and know that everything's going to work out.

So, once again, thank you very much. And may you be safe. Thank you.

("Uno" and "Drei" by Deuter)